



# **APPROVED INSTITUTIONAL**

# **TRG SYLLABUS OF NCC**



SD/SW

COMMON SUBJECTS



<b>S. No</b>	<b>Subject</b>
1	NCC General
2	National Integration and Awareness
3	Drill
4	Weapon Training
5	Personality Development
6	Leadership
7	Disaster Management
8	Social Service and Community Development
9	Health and Hygiene
10	Adventure
11	Environmental Awareness and Conservation
12	Obstacle Training
<b>13</b>	<b>General Awareness</b>



# **SD/SW DETAILED SYLLABUS:COMMON SUBJECTS**



S No	Code	1. Subject <b><u>NCC General (N)</u></b>
(i)	N-1	Aims, Objectives & Organisation of NCC
(ii)	N-2	Incentives
(iii)	N-3	Duties of NCC Cadet
(iv)	N-4	NCC Camps: Types & Conduct
S No	Code	2. Subject <b><u>National Integration &amp; Awareness (NI)</u></b>
(i)	NI-1	National Integration: Importance & Necessity
(ii)	NI-2	Factors Affecting National Integration
(iii)	NI-3	Unity in Diversity & Role of NCC in Nation Building
(iv)	NI-4	Threats to National Security



# SD/SW DETAILED SYLLABUS:COMMON SUBJECTS



S No	Code	3. Subject <u>Drill</u> (a) <u>Foot Drill FD</u>
(i)	FD-1	Drill ki Aam Hidayaten aur Word of Command
(ii)	FD-2	Savdhan, Vishram, Aram Se aur Murdna
(iii)	FD-3	Kadvar Sizing, Teen Line Banana, Khuli Line aur Nikat Line
(iv)	FD-4	Khade Khade Salute Karna Parade par, Visarjan, Line Tod
(v)	FD-5	Tej Chal, Tham aur Dhire Chal, Tham
(vi)	FD-6	Dahine, Baen, Aage aur Piche Kadam Lena
(vii)	FD-7	Tej Chal se Murdna
(viii)	FD-8	Tej Chal se Salute Karna
(ix)	FD-9	Tej Kadam Taal aur Tham
(x)	FD-10	Tej Kadam Taal se Kadam Badalna
(xi)	FD-11	Teeno Teen se Ek File aur ek file se Teeno Teen Banana



# SD/SW DETAILED SYLLABUS:COMMON SUBJECTS



S No	Code	Subject (b) <u>Drill with Arms (AD)</u>
(i)	AD-1	Rifle ke Saath Savadhan, Vishram aur Aramse
(ii)	AD-2	Rifle ke Saath Parade Par aur Saj
(iii)	AD-3	Rifle Ke Saath Visarjan, Line Tod
(iv)	AD-4	Bhumi Shastra aur Uthao Shastra
(v)	AD-5	Bagal Shastra aur Baju Shastra
(vi)	AD-6	Salami Shastra
(vii)	AD-7	Squad Drill
S No	Code	Subject (c) <u>Ceremonial Drill with Arms (CD)</u>
(i)	CD-1	Guard Mounting
(ii)	CD-2	Guard of Honour



# SD/SW DETAILED SYLLABUS:COMMON SUBJECTS



S No	Code	Subject 4. <u>Weapon Training (WT)</u>
(i)	WT-1	Introduction & Characteristics of .22 rifle
(ii)	WT-2	Handling of .22 rifle
(iii)	WT-3	Range Procedure & Theory of Group
(iv)	WT-4	Short Range Firing
S No	Code	Subject 5. <u>Personality Development (P)</u>
		<b><u>Personality Development Capsule</u></b>
(i)	P-1	*Self Awareness *Empathy, *Critical & Creative Thinking, *Decision Making
(ii)	P-2	Communication Skills
(iii)	P-3	<b><u>Group Discussion</u></b> , *Stress & Emotions, *Change your mindset, *Inter Personal Relations & Team Work, *Time Mgt, *Civic Sense
(iv)	P-4	Career Counselling, SSB Procedure & Interview Skills
(v)	P-5	Public Speaking



# SD/SW DETAILED SYLLABUS:COMMON SUBJECTS



S No	Code	Subject 6. <u>Leadership Development (LD)</u>
(i)	LD-1	<b><u>Leadership Capsule.</u></b> *Traits, *Indicators, *Motivation, *Ethics, *Honour Code
(ii)	LD-2	<b><u>Case Studies.</u></b> Shivaji, APJ Abdul Kalam & Deepa Malik, Maharana Pratap, Ratan Tata, Kiran Majumdar, Jhasi Ki Rani, Narayan Murty, Prakash Padukone, Tipu Sultan, Rabindra Nath Tagore

S No	Code	Subject 7. <u>Disaster Management (DM)</u>
(i)	DM-1	<b><u>Disaster Mgt Capsule-</u></b> *Soch Vichar * Types, Org, Capability & Role of NCC cdts *Team Composn & Eqpt for specific disasters
(ii)	DM-2	Fire Service & Fire Fighting
(iii)	DM-3	<b><u>Initiative Trg, Organising Skills, Do's &amp; Don't's</u></b> Natural Disasters Man Made Disasters





# SD/SW DETAILED SYLLABUS:COMMON SUBJECTS



S No	Code	Subject 8. <u>Social Service and Community Development (SS)</u>
(i)	SS-1	<b><u>Social Service Capsule-</u></b> *Basics, *Rural Devp Pgmcs, *NGOs, *Contribution of Youth
(iii)	SS-2	Swatch Bharat Abhiyan
(iv)	SS-3	<b><u>Social Service and Community Development Activities-</u></b> *Soch Vichar, *Social Evils, *Beti Bachao Beti Padhao, *Drug Abuse, *Mission Indradhanush, *Digital Awareness, *Waste Mgt, *Women Hlth & Sanitation, *Tree Plantation, *Tfc Awareness, *Pollution
(v)	SS-4	Protection of Children & Women Safety
(vi)	SS-5	Road / Rail Travel Safety
(vii)	SS-6	New Initiatives
(viii)	SS-7	Cyber & Mobile Security Awareness



# **SD/SW DETAILED SYLLABUS:COMMON SUBJECTS**



S No	Code	Subject <b>9. <u>Health and Hygiene (HH)</u></b>
(i)	H-1	Hygiene & Sanitation (Personal & Camp Hygiene) Soch Vichar
(ii)	H-2	First Aid in Common Medical Emergencies, Treatment & Care of Wounds
(iii)	H-3	Introduction to Yoga & Exercises
		<b>TOTAL</b>
S No	Code	Subject <b>10. <u>Adventure (ADV)</u></b>
(i)	ADV-1	Introduction to Adventure Activities



# **SD/SW DETAILED SYLLABUS:COMMON SUBJECTS**



S No	Code	Subject <b>11. Environmental Awareness &amp; Conservation {E}</b>
(i)	E-1	<b><u>Environmental Awareness &amp; Conservation Capsule-</u></b>
		*Soch Vichar, *Water Conservation, *Energy Conservation
S No	Code	Subject <b>12. Obstacle Training (OT)</b>
(i)	OT-1	Obstacle Course
S No	Code	Subject <b>13. General Awareness (GA)</b>
(i)	GA-1	General Knowledge
(ii)	GA-2	Logical & Analytical Reasoning



**SD/SW**

**SPECIAL SUBJECTS**



# **ARMY SPECIALISED SUBJECTS : BLOCK SYLLABUS**



<b>S.No</b>	<b>Subject</b>
1	<b>Armed Forces</b>
2	<b>Map Reading</b>
3	<b>Field Craft &amp; Battle Craft</b>
4	<b>Introduction to Infantry Weapons &amp; Equipments</b>
5	<b>Military History</b>
6	<b>Communication</b>



# ARMY SPECIALISED SUBJECTS: DETAILED SYLLABUS



S No	Code	Subject 1. <b><u>Armed Forces (AF)</u></b>
(i)	AF-1	Armed Forces, Army, CAPF, Police
(ii)	AF-2	Modes of Entry to Army, CAPF, Police
S No	Code	Subject 2. <b><u>Map Reading (MR)</u></b>
(i)	MR-1	Introduction to Map Reading
(ii)	MR-2	Conduct of MR
		Google & Tourist Maps and Apps



# ARMY SPECIALISED SUBJECTS: DETAILED SYLLABUS



S No	Code	Subject <b>3. <u>Field Craft and Battle Craft (FC &amp; BC)</u></b>
(i)	FC & BC-1	Introduction to Field Craft
(ii)	FC & BC-2	Indication of Landmark
(iii)	FC & BC-3	Observation, Camouflage & Concealment
(iv)	FC & BC-4	<u>Fire &amp; Move Capsule-</u> *Field Signals *Section Formations *Fire Control Orders
(v)	FC & BC-5	Knots, Lashings & Stretchers



# ARMY SPECIALISED SUBJECTS: DETAILED SYLLABUS



S No	Code	Subject 4. <u>Introduction to Infantry Weapons &amp; Equipments (INF)</u>
(i)	INF-1	Organisation of Infantry Battalion & its weapons
S No	Code	Subject 5. <u>Military History (MH)</u>
(i)	MH-1	Biographies of Renowned Generals
(ii)	MH-2	War Heroes - PVC Awardees
(iii)	MH-3	Study of Battles - Indo Pak War 1965, 1971 & Kargil
(iv)	MH-4	War Movies
S No	Code	Subject 6. <u>Communication {C}</u>
(i)	C-1	Introduction to Communication & Latest Trends
(ii)	C-2	Basic Communication Procedure





**APPROVED**  
**ATC / CATC**  
**SYLLABUS**



# **APPROVED TRG SCHEDULE FOR ATC / CATC**



<b>Ser No</b>	<b>Event</b>	<b>Approved</b>	<b>Remarks</b>
<b>(a)</b>	<b>PT</b>	<b>0600 – 0640 / 0630 – 0710</b>	<b>Depending on the season</b>
<b>(b)</b>	<b>Breakfast</b>	<b>0645 – 0800 / 0715 – 0800</b>	<b>Depending on the PT Parade</b>
<b>(c)</b>	<b>Trg</b>	<b>0800 - 1240</b>	<b>06 periods of 40 mins each incl Tea Break of 20 mins</b>
<b>(d)</b>	<b>Lunch</b>	<b>1240 – 1340</b>	
<b>(e)</b>	<b>Rest / OTW</b>	<b>1340 – 1500</b>	
<b>(f)</b>	<b>Trg</b>	<b>1500 – 1755</b>	<b>03 periods of 40 mins each incl games</b>
<b>(g)</b>	<b>Bath / Change</b>	<b>1800 – 1900</b>	
<b>(h)</b>	<b>Roll Call</b>	<b>1900 – 1930</b>	
<b>(j)</b>	<b>Dinner</b>	<b>2030 – 2130</b>	<b>Dinner after Trg (Cultural)</b>
<b>(k)</b>	<b>Trg (Cultural)</b>	<b>1940 – 2020</b>	<b>one period of 40 mins</b>
<b>(l)</b>	<b>Lights Out</b>	<b>2200</b>	



# **APPROVED TRG SCHEDULE FOR ATC / CATC**



<b>Ser No</b>	<b>Subject</b>	<b>Approved</b>	<b>Remarks</b>
(a)	<b>PT</b>	<b>8</b>	<b>PT / Yoga</b>
(b)	<b>Drill</b>	<b>12</b>	<b>Foot / Arms / Ceremonial Drill &amp; Competitions</b>
(c)	<b>WT</b>	<b>8</b>	<b>Firing, WT &amp; Competition</b>
(d)	<b>National Integ &amp; Awareness</b>	<b>2</b>	<b>Lec by Prominent Personalities</b>
(e)	<b>Personality Devp &amp; Ldrship</b>	<b>12</b>	<b>Group Discussion (Various Sits), Public Speaking, Interview Skills, Rect &amp; SSB Procedures</b>
(f)	<b>Disaster Management</b>	<b>3</b>	<b>Initiative Trg, Guest Lec; DDMA, Police Functioning, Rep of Fire Services, Rep of Civil Def, etc</b>
(g)	<b>SSCD</b>	<b>4</b>	<b>Digital Awareness, Govt Initiatives, Rural Devp Schemes, NGOs, etc</b>
(h)	<b>Health &amp; Hyg</b>	<b>2</b>	<b>Lec on Sanitation, Common Med Emergencies, Diseases, Organ Donation</b>
(j)	<b>Adventure Trg</b>	<b>4</b>	<b>Obstacle Trg / Adventure Activity</b>
(k)	<b>MR</b>	<b>8</b>	<b>Finding own posn, Grnd to Map, Map to Grnd, Tourist / Google Maps &amp; Apps, <u>Navy</u>- Boat Pulling <u>Air Force</u>- Aero Modelling</b>



# **APPROVED TRG SCHEDULE FOR ATC / CATC**



<b>Ser No</b>	<b>Subject</b>	<b>Approved</b>	<b>Remarks</b>
(l)	<b>FC / BC</b>	<b>6</b>	<b>Indication of Landmark, Judging Distance, Fd Signal, Section Formation, Fire Control Orders, Cam &amp; Concealment, <u>Navy-</u> Rigging / Semaphore, <u>Air Force-</u> Aero Modelling</b>
(m)	<b>MH</b>	<b>1</b>	<b>Guest Lec by Decorated Soldier</b>
(n)	<b>Intro to Inf Wpns</b>	<b>2</b>	<b>5.56 mm INSAS &amp; 7.62 mm SLR, Static Display of Wpn &amp; Eqpt in Mil Stn <u>Navy-</u> Ship Modelling, <u>Air Force-</u> Static Display</b>
(o)	<b>Comn</b>	<b>2</b>	<b>Basics of Comn</b>
(p)	<b>Games</b>	<b>9</b>	<b>Competitions</b>
(q)	<b>Cultural</b>	<b>9</b>	<b>Competitions</b>
(r)	<b>Spare</b>	<b>1</b>	
(s)	<b>Misc Activities</b>	<b>3</b>	<b>Driving, English Speaking &amp; Writing, Gen Knowledge Capsule &amp; Quiz Competition, etc</b>
	<b>Total</b>	<b>96</b>	