

HUMANITY IN CAPTIVITY

John Lilly once said "Places of confinement providing free food and medical care are called prisons " This quote completely fits into the current scenario of lockdown in entire country. Past few months of 2020 has shaken entire humanity from the roots . During Mahabharata era Vidur once asked to Arjun " If there was a fire in forest which animal is probable to get escape " To this Arjun replied "one's who are fast and strong animals will die ,only the one with the ability to hide underground will get through it" Covid -19 is similar to the jungle fire and we are no more then the mice hiding in our adobe to get through this pandemic.

The novel COVID-19 pandemic has affected the lives of the people all across the globe. It was originated in the Wuhan province of Chinese sub-continent. This little microscopic entity has affected millions of people across the globe and thousands have deceased and the numbers is still increasing . Both the developed and developing nations are facing crisis due to this novel virus. As the origin of this virus is mysterious , so likely is its treatment. No vaccine and no drug is developed till date.This mysterious virus spread through air droplets and most likely to affect respiratory tract . As there is still no medicine available out there only preventive measures have to be taken i.e 'prevention is better than cure'

So as stated by WHO the most effective measure to check on spread is 'social distancing' . To make things work complete lockdowns and shutdowns have been announced in various virus hit countries . There is complete shutdown and suspension of basic day to day life amenities such as market, schools, banks, colleges , public transport and many more . The government's main motive is to save the life of every citizen by making people abide for self isolation .

This global pandemic has not affected humans physically but also

physiologically, people are now feeling like the captive animals in zoo. It has created the silent chaos in the whole country , as no routines have been followed. But now the so called busy people are forced to spent time with the family and will get to know each other better. Man has made technology a tool to become social and chat through facebook, twitter etc . Lockdown has been proven beneficial in other aspects too like more people are now eating healthy food which not only strengthens the body but rejuvenates it for recreational work . One has an ample amount of time for introspection and find out our interests and hobbies and work on them. Now people are concentrating more on health and immunity rather than there financial status. As 'a healthy mind sounds in a healthy body' , it's a great opportunity for being productive and bringing cognitive easy by switching off the fight-vs-flight mode off . Connecting with people is the only way to get away with this excruciating situation, and to keep the depression in opposite pole adopt the phrase ' the joy of letting go' and maintaining the sense of postivity.

With an unprecedented number of people being forced to stay in home , this has affected the lives of particularly the vulnerable and marginalized sections of society such as labor class , destitute and poverty stricken people have not plenty of bread and butter . Its really getting hard for them to get enough food for family. As they don't have a fixed job they work on daily wages , therefore due to closure of industries and business there is not work for them . They are living in poor conditions if not corona than any other diseases can easily spread there .

As stated by Indian Government , if infectious virus spreads spread to Dharavi slum , which is the Asia's largest slum with over fifteen lac poverty stricken people, then it will be nearly impossible to control the chain . Despite of all these risk people are coming forward for help of these people donations are made to PM cares fund and food is being distributed. Whereas women and girls are more vulnerable of domestic violence , as

due to lockdown there is no one to help them and women helpline services not reaching them . Women in abusive relationships are exposed to hostile environment. This lockdown will increase the gender gap in livelihoods . The studies of almost all the institutes , universities and schools have suffered due to this lockdown. Educational institutes were the first to be shut down as no government will take the risk of negotiations with future of the country . Students are enjoys this time at home. Whereas some stuck away from home , this situation have turned out to be huge turmoil of their life. Various state governments are making efforts to bring back the students far from home. New ideas of online study have came up .

This lockdown is proven not so beneficial for humans ,but it's the case is on opposite pole when it comes to mother nature. It has given nature ample amount of time to recreate and nurture its aspects that focus on life giving force. Due to no vehicles , there has been decrease in levels of pollutants in air. The ozone hole has been reducing due to less air pollution. Yamuna water is much cleaner ,dolphins are seen in Milan. Lockdown have reversed the biodiversity crisis of past years . The flames in economy of world have proven to be watering the tree of nature. This may also be concluded as humans have only destroyed mother nature for his own greed and this is the payback time. This situation also shows us that we can change the degradation of environment if we need to. The wild animals living in their natural habits are not disturbed by humans. We can see more number of fleet of birds in clear blue sky. Animals like deers have taken on the streets as humans remain indoor. So the fact that we can see more wildlife is mostly because of no poaching, habitat improvement and less hunting . The lockdown period is too testing for shelterless strays, which fed around human dwellings. These strays are starving now. But many NGO's are coming up to help them.

Despite of all the struggle India emerged as one of most united country in world. Amid extended uncertainty and schedules and workflows gone away , one cannot be blamed for thinking it is not the real life. But we humans can adapt through this and we never know what have god planned for us.

All the economic losses can be undone afterwards as we have seen rise of European countries after the World War. The pandemic has offered India a valuable lesson on the importance of self reliance and self sufficiency , and the country, each state within it ,each district within every state, and each village within every district , must aspire to attain the twin goals. So for the prosperous and wealthy future we need to abide the directions of the government.

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BVSC 2nd year

V-2018-03-039