



"Say Yes to Life/Say No to Drugs"
Ch. Sarwan Kumar Himachal Pradesh Krishi Vishvavidyalaya
Palampur - 176062 (H.P.) India
Office of the Registrar, General Administration Branch



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No.QSD.8-19/2023-CSKHPKV(GA)/- 29750-849
Dated; Palampur, the:

15 JUN 2023

From

Registrar

To

1. All the Statutory Officers, CSK HPKV, Palampur.
2. All the Heads of Departments/Offices/Units, CSK HPKV, Palampur.
3. All the Associate Directors/Scientists Incharges/Programme Coordinators, RRSs/RSSs/KVKs, CSK HPKV.
4. The Senior Medical Officer, University Health Centre, CSK HPKV, Palampur.



Subject: Regarding Celebration of the International Day of Yoga (IDY) on 21st June.

Sir/Madam,

I am directed to enclose herewith a copy of letter No.280-310/MC dated 07.06.2023 received from the Sub Divisional Officer (C), Palampur on the above subject and to request you to bring it to the notice of all employees (Teaching and Non-teaching) and students working/studying under your control and direct them to take further necessary action in the matter accordingly.

Yours faithfully,


Assistant Registrar (Admn.),
CSKHPKV, Palampur.

Dated: Even.

Encls: As above.

Endst. No. Even.

Copy to:-

1. The Joint Director (I&PR), Directorate of Ext. Education, CSK HPKV, Palampur.
2. The Incharge, UNS, CSK HPKV, Palampur for uploading this letter in the University website.
3. The Secretary to the Vice-Chancellor, CSK HPKV, Palampur.
4. All the Asstt./Dy. Registrars/Section Officers/Supdts. (H.Q).
5. The PS to the Vice-Chancellor/SPS to Registrar, CSKHPKV, Palampur.


Assistant Registrar (Admn.),
CSK HPKV, Palampur.

(9)



To

The Vice Chancellor
HPCSKVV Palampur

The Director
CSIR, Palampur

The DIG
Police Training Centre Daroh

✓ The Registrar
HPCSKVV, Palampur

The Commissioner
Municipal Corporation Palampur

The DSP, Palampur
Sub-Division Palampur

The DSP (SDRF)
Palampur

The Superintendent Engineer
(PWD/T&C)
Palampur

The Block Development Officer
Bhawarna/ Sulah at Bhedu Mahadev/Panchrukhi/Baijnath

The Executive Engineers
HPSEBL/HPPWD/Jalshakti
Palampur/Baijanth/Bhawarna/Jaisinghpur/Thural

The Executive Officer
Municipal Committee
Palampur

The Medical Superintendent
Civil Hospital Palampur

Registrar
AR(GA)
09/06/2023



Syrdet 2/11/6

The Fire Officer/ Labour Inspector/ Employment Officer/ Inspector Civil
Supply/ Inspector Weights and Measure/Mining Inspector/In Charge Agro
Sales

Palampur.

No 28-310 / ME dt 07-06-23

SUB: Regarding Celebration of the International Day of Yoga (IDY) on 21st
June,2023

Sir/Madam,

It is intimated that International Day of Yoga is celebrated on 21st Jun,2023 every year. This year, it is being celebrated with a motto as **“HAR GHAR AANGAN YOG” across India**. Department of AYUSH is Nodal Agency and entrusted the job to co-ordinate all activities for celebration of IDY in befitting manner. Therefore, it is proposed to organise a yoga session on 21st June, 2023 at sub-division headquarters also. Participation of all departments is solicited to make it grand success. Time and venue of main event on 21st June will be intimated separately. All HODs are requested to attend the same on 21st June.

It is also intimated that SDAMO, Palampur is conducting live yoga session from 5.30AM daily till 21st June,2023 through link <https://meet.google.com/ewa-ypus-mzj> All are requested to participate in the morning session of Yoga. You are further requested to direct your staff to download following application for Yoga Protocol/health wellness also.

You are further requested to direct your staff to install Y-Break protocol/Namaste/ Yoga App/Y-Break App/Yoga calendar/ from the Google Store for the self-implementation of Yoga and health benefits along with publication.

Yours Sincerely

SDO(C) Palampur

Copy to:-

1. The SDAMO, Palampur for information and necessary action.