



NAHEP

75
Azadi Ka
Amrit Mahotsav



Role of Nutrition and Physical Activity for Boosting Immunity



Prof. Harinder Kumar Chaudhary
Vice Chancellor,
CSK HPKV, Palampur

Chief Patrons



Dr. Rakesh Chandra Agrawal
Deputy Director General (Edn) & National
Director (NAHEP)

November 07, 2022 at 11.00 AM

Venue: Virtual Class Room-cum-Training Hall (ABI), CSKHPKV, Palampur

Key Speaker

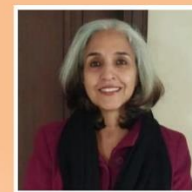
Dr. Kiran Bains

Professor and Head

Department of Food and Nutrition

Punjab Agricultural University, Ludhiana

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Dr. Kiran Bains is presently working as Head, Deptt. of Food and Nutrition, PAU, Ludhiana. She has handled 12 adhoc research projects and guided 23 M.Sc. and 6 Ph.D. students. She has worked at Center of Innovative and Applied Bioprocessing (CIAB), Mohali as sabbatical faculty. She has achieved a competitive project funded by Harvest Plus, IFPRI, Washington DC in 2011 on assessment of zinc status of children and women. She has completed three projects funded by World Vegetable Center, Taiwan and a consultancy project funded by UNFPA. She is currently working on a project funded by Nestle India Limited. She has been invited by The World Vegetable Center, Taiwan and Riddet Centre, Massey University New Zealand as visiting fellow in the year 2003 and 2007, respectively. She has represented India at International workshop to exchange best practices in Nutrition Awareness Programs participated by representatives of 35 countries in 2010 at London, U.K. She had been nominated by Government of India to attend Indo New Zealand Workshop on 'Food and Agriculture' at Lincoln University, Christchurch and Massey University, New Zealand in 2011. She has published 125 research papers, 7 book chapters, 14 manual chapters, 5 booklets/pamphlets and 30 popular articles. She has contributed in the development of "Regional adaptation and updation of food item based dietary guidelines of National Institute of Nutrition (NIN) with emphasis on Cardiovascular diseases". Presently she is convener of Ludhiana chapter of Nutrition Society of India (NSI). Her research activities are mainly focused on micronutrient deficiencies; bioavailability of minerals; energy, protein and iron status of population groups.

National Conveners:

Dr. Anuradha Aggarwal, National Coordinator
NAHEP - CAAST, ICAR, New Delhi.

Dr. Ranbir Singh Rana, Principal Investigator
NAHEP – CAAST Project, CSK HPKV, Palampur

Advisors:

Dr. S. P. Dixit, Director of Research

Dr. V. K. Sharma, Director of Extension Education

Dr. S. K. Gautam, Dean PGS

Dr. Y. S. Dhaliwal, Dean (COCS)

Organising Secretary

Dr. Anupama Sandal, Professor
Deptt. of FSN & T, COCS, CSK HPKV, Palampur

Co-organising Secretaries

Dr. Ranjana Verma, Professor
Deptt. of FSN & T, COCS, CSK HPKV, Palampur

Mr. Shakiv Pandit, Assistant Manager
Him Palam RABI, CSK HPKV, Palampur

For further information, please contact:

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The seminar will be in hybrid mode (Online and Offline) and link for online mode:

<https://bit.ly/3Da6OFa>