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|  | <p>Mrs. Kalpna Arya Extension Specialist (Home Science) CSK HPKV, Krishi Vigyan Kendra, Mandi at Sundernagar -175019 kalpnachauhanr@yahoo.com 9418071248</p> |
| <p>Field of Specialization and Research interest :Human Development and Family Studies, Training Management, Women and child care, Food processing & Value addition Women Entrepreneurship Development</p> | |
| <p>Educational Qualification :M.Sc.</p> | |
| <p>Employment Record along with Professional Experience (in years)</p> | |
| <ol style="list-style-type: none"> 1. Extension Specialist (Home Science) at Chaudhary Sarwan Kumar Himachal Pradesh Krishi Vishav Vidyalaya Palampur, Krishi Vigyan Kendra Mandi at Sundernagar from 04.01 2003 to 03.8.2015; 17.02.2018 to 23.08.2018; 11.02.2021 till date . 2. Extension Specialist (Home Science) at Chaudhary Sarwan Kumar Himachal Pradesh Krishi Vishav Vidyalaya Palampur, Directorate Extension Education Palampur w.e.f. 01.02.2021 to 10.02.2021 3. Training officer (Female) at Farmer Training Centre Sundernagar w.e.f. 01.02.2019 to 31.01.2021 on Deputation basis. 4. Extension Specialist (Home Science) at Chaudhary Sarwan Kumar Himachal Pradesh Krishi Vishav Vidyalaya Palampur, Krishi Vigyan Kendra Hamirpur at Bara from 08.07.2016 to 16.02.2018; 24.08.2018 to 22.10.2019 5. Subject Matter Specialist (Home Science) at Chaudhary Sarwan Kumar Himachal Pradesh Krishi Vishav Vidyalaya Palampur, Krishi Vigyan Kendra Lahaul and spiti at Kukumseri w.e.f. 04.08.2015 to 07.07.2016 6. Assistant Extension Specialist (Home Science) at Chaudhary Sarwan Kumar Himachal Pradesh Krishi Vishav Vidyalaya Palampur, Krishi Vigyan Kangra w.e.f 13.03.2001 to 03.01.2003 | |
| <p>Research Projects handled</p> | <p>AS PI: Nil</p> |
| | <p>AS CO-PI : 5</p> |
| <p>Research Publications</p> | <p>Top publications published in Journals: 59</p> |
| | <ol style="list-style-type: none"> 1. Choudhary, AK., Yadav, DS., Sood, P., Rahi, S., Arya, K., et al. 2021. Post-emergence herbicides for effective weed management, enhanced wheat productivity, profitability and quality in North-Western Himalayas: A participatory-mode technology development and dissemination. <i>Sustainability</i> 2021, 13, 5425. https://doi.org/10.3390/su13105425. (NASS rating: 8.58) 2. Arya, K. 2015. Iron deficiency among women and adolescence girls causes and remedial measures: <i>Indian Journal of Psychometry and Education</i>. 46 No.1pp 30-32 3. Arya, K. 2016. Learning stimulation in early childhood education: Role of Grand-parents. <i>Psycholinguistic association of India</i> .Pp 105-111.(ISSN :0377-3132) 4. Arya, K. 2017: Role of KVK through different activities for SHG's: A boon for rural women in remote hilly areas. <i>Praachi</i> |

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| | <p>Journal of Psycho cultural Dimensions. PP 57-62. ISSN :0971-7064)</p> <p>5. Arya, K. 2018 :Women Empowerment through value addition: Success story Kisan World : A Journal of Agricultural and Rural Development. PP 38-40.Vol. 46(5).</p> <p>6. Aryak and Arya. L. 2018 : Problem faced by women while breast feeding . Praachi Journal of Psycho cultural Dimension.Vol.34 No(2)107-112</p> <p>7. Arya, K. 2019 :”Intervention of KVKs in Knowledge Up gradation of farm women on importance of Breast feeding in Hilly areas of Himachal Pradesh” Praachi Psycho cultural Research Association –Meerut</p> |
| Books published | NIL |
| Books Chapters | 12 |
| Manual | NIL |
| Conference/Seminar/Symposium Papers | 16 |
| Extension activity including | 279 |
| Popular articles | |
| /pamphlets/ | 15 |
| Leaflets | 40 |
| Electronic Book Developed | 01 |
| Film /Movie Developed | 02 |
| Radio Talks | 05 |
| TV Shows | 06 |
| KVK Documentary(associated Member) | 02 |
| KVK Roller (associated Member) | 01 |
| Video Documentary by ZPD Zone 1 | 02 |
| Students Guided | One (M.Sc Internship) and 9 M.Sc. (as advisory Committee Member) |
| Awards/Fellowships | <ul style="list-style-type: none"> • Indian Council of Agricultural Research, Pandit Deen Dayal Upadhyay Zonal Best Krishi Vigyan Kendra Protshahan Puraskar 2017 (Zone 1) for outstanding contribution in the field of extension education • Award of Appreciation- Anand –Dr. Premlata Pathak Memorial National Award of Pre –School Educationist 2015 By Indian Psychometric and Educational research Association • Best KVK Award Zonal, Zone 1 (ICAR) 2012 • Best paper (second) award for the paper entitled “Protected cultivation of vegetables in Mandi district of Himachal Pradesh” (Co author, Choudhary A.K. <i>et al.</i>) presented in |

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| | <p>‘National seminar on Indian Agriculture: Present situation, challenges, remedies and road map’ organized by Youth for Sustainable Development & CSK HP agriculture University, Palampur (HP), August 4-5, 2012.</p> <ul style="list-style-type: none"> • Best paper (poster) award for the paper entitled “Off season cabbage cultivation: A promising enterprise in high hills of north western Himalayas” (CO author, Rahi S. <i>et al.</i>) in International Conference on Extension Education in the Perspectives of Advances in Natural resource Management in Agriculture (NaRMA- IV)” held w.e.f December 19-21, 2012 at SK Rajasthan Agricultural University Bikaner, Rajasthan (India). |
| International exposure/ Visits Abroad | Nil |
| <ul style="list-style-type: none"> • Miscellaneous achievements/activities | <ul style="list-style-type: none"> • Served as Co-Coordinator of RHWE of B.Sc. Students of COCS CSKHPKV Palampur • Served as Member of advisory committee of nine M.Sc. students of Dept of Human Development and Family studies of COCS CSKHPKV Palampur • Served as Training Officer of Extension Functionaries of Agriculture (AEOs and AADOs) for 2 years • Served as DDO at KVK Hamirpur at Bara w.e.f 23.10.2018 to 31.01.2019 • FSSAI Certification of SHG –issued by Dept Of Health Safety and Regulations H.P. Certificate of Registration under food safety and standard Act2006 • Served as Coordinator in village adoption Programme initiated by NIFTEM Sonipat Haryana for strengthening backward and forward linkage of Indian Food Processing Sector • Associated Members for conducting activities under Mera Gaon Mera Gaurav • Associated Members for conducting activities for PKVY (Parmprargat Krishi Vikas yojna) • Associated Member of NARI (Nutri sensitive Agriculture Resource Innovation) • Associated Member of Nutri Kitchen Garden At KVK • Co-opted member of RAWE & AIA programme of B.Sc agri. Final year student (Agro Industrial Attachment) • Worked as Team member and prepared Strategic Research and Extension Plan of Mandi district of Himachal Pradesh • Worked as Team member and prepared DPRs of Sundernagar and Sadar watershed projects • Team member of DFI village programme • Worked as Incharge Vehicle, Library ,Museum, Store and Home Science Lab |

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| | <ul style="list-style-type: none"> • Consultancy services to farm women visiting KVK regarding their problems related to Family Nutrition, Home keeping, Mother and Child care and income generating activities SHGs • Organised Exhibitions in National level , State level as well as village level fairs • Worked As Course Coordinator in Trainings organized by HPCDP-ODA –JICA Hamirpur and DEE CSKHPKV Palampur • Also worked and Associated with ARYA,NICRA and ATMA Projects at KVK Hamirpur • Looking Home Science component including consultancy and Guidance • Member of Mandi Watershed (II) Team constitute for the development of Mandi Watershed (VII)as Model Watershed as per the responsibility assigned to the university by the Department of Rural Development ,Himachal Pradesh . • Member of Mandi Watershed (VIII) Team constitute for the development of Mandi Watershed (VIII)as Model Watershed as per the responsibility assigned to the university by the Department of Rural Development ,Himachal Pradesh-Balh block • Member of various committees like Physical verification, sale and purchase, refreshment, Exhibition , etc. of KVK Mandi • Involved in assignments of KVK and University Assigned by The authority time to time • Incharge Store , Beautification of KVK • Coordinator of Hospitality Cell Management and Farmer hostel |
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